

August 2021

Covid-19 guidelines

In order to take care of each other, stay healthy and keep the risk of transmission while at the school at a minimum, the school board has set up the following guidelines.

These guidelines apply to all who are within the Nordic school premises such as parents/guardians, staff, security personnel, members of Sports Club, visitors and other users of school facilities.

Kindly notice that the school does not offer any refund of fees in case your child has to stay at home due to any issue related to Covid-19.

Measures at school to keep everyone safe and prevent the spread of infections

- Anyone who is experiencing symptoms of illness is not allowed to come to school.
- We encourage the use of facemasks in public transport, shops and other places where it is not possible to ensure physical distancing.
- We strongly urge every individual over 18 years old to get vaccinated. Individuals are considered fully vaccinated one week after their second dose in a two-dose vaccine or two weeks after a single-dose vaccine.
- Anyone entering the premises needs to wash their hands with water and soap at the washing station by the gate. This applies also to children and fully vaccinated individuals.

- All unvaccinated individuals over 18 years old must wear facemasks and keep physical distance to others throughout their stay on school premises. This also applies to unvaccinated staff.
- Unvaccinated individuals over 18 years old are not allowed to dwell near the entrance or in the walkway by the entrance.
- Staff must change into their work clothes once they arrive to school.
- All unvaccinated parents/guardians must drop off and pick up their child/children outside of the classroom doors and must not walk inside the buildings. Unvaccinated parents/guardians must keep the drop-off and pick-up as short as possible.
- For new children starting in preschool, one parent/guardian is allowed to join them inside for the first three days. It should be the same person coming with the child during all days.
- All teachers and children must wash their hands at least every second hour, which is implemented as part of the daily routine with the children.
- Frequently touched surfaces (such as door handles, taps etc.) are cleaned thoroughly daily. This includes the area around the pool. Toys are washed frequently.
- The outdoor space is to be used as much as possible. We have tables and benches outside, so that we can easily do different activities outside, rather than inside.
- If there are unvaccinated staff, staff meetings and similar gatherings must be held outdoors.
- Substitutes must be fully vaccinated.
- Fully vaccinated parents are welcome to participate in school activities, even indoors.
- All members of the Nordic Sports Club and other users of school facilities must use the designated walking path around the school buildings. They are not allowed to walk through the playground and school area.

Protocol in cases of Covid-19

What if there is a positive case of Covid-19 at school?

If there is a positive case of Covid-19 at school among children or staff, all parents will be informed that there has been a positive case and in which group. The families can then themselves decide, if they wish to continue to send their child to school or keep them at home. Should more than one child within the same group (Kidogo, Kubwa or Afterschool) test positive, all children of the affected group must stay at home for at least seven days or longer if deemed necessary, even if not showing any symptoms. Should more than three staff members test positive for Covid-19, all unvaccinated staff members and children at school must stay at home at least for seven days or longer if deemed necessary, even if not showing any symptoms.

What do you do if your child has symptoms of Covid-19?

If your child has symptoms of Covid-19 we ask you to inform the school. The child must stay at home until the symptoms have been gone for at least 48 hours.

What will happen if a child develops symptoms of Covid-19 while at school?

If a child develops symptoms of Covid-19 while at school, we will call the parents/guardians to come and pick up the child immediately. In the meantime, the child will be isolated from the group together with a vaccinated teacher while waiting for the parents to arrive. The child must stay at home until the symptoms have been gone for at least 48 hours.

What do you do if your child tests positive for Covid-19?

If your child tests positive for Covid-19, we ask you to immediately inform the school. The child must stay at home for at least seven days since the test date. The child must be fever free and the child's general health must be improved for 48 hours prior to the child's return to school. Siblings and parents must stay at home for at least seven days after the child's test date, before returning to the school.

Fully vaccinated parents are exempted from the above.

What do you do if you or someone in your household tests positive for Covid-19?

If you or anyone in your household tests positive for Covid-19, we ask you to immediately inform the school. Your child/children and other individuals in your household must stay at home for at least seven days after the person was tested, even if they are not showing any symptoms.

This also applies to fully vaccinated individuals who tests positive for Covid-19. Other fully vaccinated individuals in your household are exempted from the above.

For afterschool children: what do you do if there is a case of Covid-19 in your child's class?

If anyone in your child's class at IST, DIA or KIA tests positive for Covid-19, we ask you to immediately inform the school. Your child must stay at home for at least seven days after you received notification from IST, DIA or KIA.

What will happen if a staff member shows symptoms of Covid-19?

Any member of staff will not be allowed to come to work if they are showing any symptoms of Covid-19. They must stay at home until the symptoms have been gone for at least 48 hours. If a member of staff develops symptoms during working-hours the staff will inform administration at school and go home immediately.

What will happen if a staff member tests positive for Covid-19

If a staff member tests positive for Covid-19, he/she will inform the school immediately. The staff member must stay at home for at least seven days since the test date. The staff member must be fever free and his or her general health must be improved for 48 hours prior to returning to school.

What will happen if someone in the household of a staff member shows symptoms of Covid-19?

If someone in the household of a staff member shows symptoms of Covid-19 the staff member can return to work upon agreement with the Director and after the symptoms have been gone for 48 hours.

What to do if you have travelled?

If you have travelled, nationally or internationally, by public transport (e.g. flight, boat, bus) you will have to stay at home for seven days before returning to school. This is applicable to all – children, staff, parents/guardians. It is not applicable when staff commute to the school.

Fully vaccinated individuals and their children are exempted from above.



Thank you all for your efforts in ensuring that we keep the risk of transmission of Covid-19 at the school at a minimum. Should you have any Covid-19 related concerns or questions, we ask you to direct these to the school administration.

Approval of Guidelines

Annika Sulusi – Chairman - on Behalf of the Board

Signature: _____

Board Members as of 2020/2021

Jessica Risely

Mia Kjems Draegert

Mattias Yosef-Andersson

Maria Jacobsson

Alternates:

Magnus Sundelin

Noel Magoti